

THE CITY SALESMEN'S CLUB
Selegram



Meeting Date: January 12, 2021

Location: Hoover Country Club

Presiding: Andy Evans

Prayer, Pledge, & Creed Led by: Mike Seals

GUESTS: Kyle Moon with Alabama Aquarium (prospective member) brought by Andy Evans. Aaron Sherrill brought by Brice Jackson. Clarissa from Bham Health and Wellness brought by Alex Casey.

THANK YOUS: Started by Danny Raymond

HEALTH REPORT: Multiple people in the Club are dealing with Covid right now. This includes Clayton Dorough, Leon Chadwick, Joe Fuller, CD Denson, Keith Keller, and many peoples' families. Mike Lorino's son was injured in a wrestling match. Dr Guy is recovering from knee replacement.

APPROVAL OF LAST WEEKS MINUTES: Approved as submitted.

SECRETARY'S REPORT: Birthdays: Eric Durrett (1/18); Alex Lott (1/18)

TREASURER'S REPORT: None.

MEMBERSHIP REPORT: Great job on recruiting new members!

ATTENDANCE REPORT: 40

PRESIDENT'S REPORT: Ernie Daw has requested a 30 day leave of absence. Tommy Heard objected to this request, but his objection was overruled.

SOCIAL ACTIVITIES: SOCIAL DISTANCING! WEAR MASKS! STAY COVID-FREE!

PROGRAM: Dr. Alex Casey of Birmingham Health and Wellness presented. A chiropractor's job is to get Joint A and Joint B to get back together and to loosen the muscle/ligament slack. All science has debunked myths about damage or safety issues with chiro treatment. Alex adjusts more than just the spine; he also handles shoulder, knee, hip, and carpal tunnel pain. You don't need to wait for pain to see a chiropractor! The "pop" you hear during an adjustment is carbon dioxide being released in the joints. Who needs chiro care? Someone who is constantly "stretching" or adjusting themselves or their position. Chiro care can help ease and slow down arthritis, but it won't "cure" it. Dr. Casey would like introductions to physicians and physician's assistants. Also, people in auto accidents usually need some sort of chiro treatment. When use the correct way, acupuncture can be a fantastic treatment. Vic Nigri, Dean Ledbetter, and Andy Evans gave great testimonials to Dr. Casey's work.

SERGEANT-AT-ARMS: Hank Spencer presided as sergeant. Sidney Wehby left early. There were no fines for late arrivals because there wasn't chicken for them to eat. Michael Johnston took a phone call. Johnny Self asked about a prostate massage (the fine was covered by Robert Young because it excited him).

JACKPOT: \$18 won by Robert Young

GREETERS AND PRIZES: John Wolsoncroft won by Britton Eveland
Sam Sciara won by Michael Johnston (Sam wasn't present, so Michael won a free key).

NEXT WEEK'S PROGRAM:

NEXT WEEK'S GREETERS: Danny Raymond and Robert Young